



**Livingston County Dental Society presents:
Dr. Konstantina Tzouma**

*"Single vs. Multiple-Visit Root Canal Therapy:
What Drives Clinical Decision-Making?"*

July 23, 2026, Deer Run Winery ~ 3772 W. Lake Rd., Geneseo, NY
Arrival & Networking 6:00 pm | Lecture 6:30 pm – 8:30 pm | 2.0 CE Credits
Register by July 13th to office@restrepo-ortho.com or text (585) 469-5733

Please send cash/check made out to Livingston County Dental Society to: Dr. Xiomara Restrepo at Restrepo Orthodontics, 5820 Big Tree Road., Lakeville, NY 14480

\$45 Livingston County Dental Society Members & EIOH Residents
\$65 non-members and out-of-county dentists

Biography:

Dr. Konstantina Tzouma is an Associate Professor at the University of Rochester Eastman Institute for Oral Health, where she serves as Assistant Program Director of the Advanced Education in General Dentistry (AEGD) Program and Clinical Director of Endodontics.

She earned her Doctor of Dental Surgery (DDS) degree from Aristotle University of Thessaloniki and completed her postgraduate specialty training in Endodontics at New York University College of Dentistry. Dr. Tzouma further enhanced her clinical expertise through an Advanced Education in General Dentistry residency at Eastman Institute for Oral Health and a General Practice Residency at Strong Memorial Hospital.

An accomplished educator and clinician, Dr. Tzouma has authored numerous articles in peer-reviewed journals and has presented lectures nationally and internationally on a variety of endodontic topics. She is an active member of the American Dental Association, the New York State Dental Association, the Seventh District Dental Society, and the American Association of Endodontists.

Course Description:

This presentation reviews the clinical considerations, advantages, and limitations of single-visit versus multiple-visit root canal therapy. Current evidence, modern endodontic advancements, case selection, and factors influencing treatment decisions will be discussed to help clinicians optimize patient outcomes. The goal is to provide clear, clinically applicable strategies for choosing the right approach with greater confidence and predictability.

Learning Objectives:

At the end of the course, the participant should be able to:

- Differentiate the indications, advantages, and limitations of single-visit versus multiple-visit root canal therapy.

- Review current evidence regarding treatment outcomes, postoperative pain, healing rates, and long-term prognosis associated with both treatment approaches.
- Identify factors influencing treatment planning and case selection.
- Discuss the impact of modern endodontic technology on treatment efficiency and predictability.
- Apply evidence-based principles to clinical case selection and treatment planning in everyday endodontic practice.
- Recognize indications for each treatment approach and manage potential complications.

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