2025 MCMS WELLNESS SYMPOSIUM

Featuring Dr. Jonathan Ripp, a nationally acclaimed thought leader on wellness

Date: Tuesday, October 14, 2025
Time: 5:30pm-8:30pm
Location: The Rochester Academy of Medicine
1441 East Avenue, Rochester, NY 14610

REGISTER HERE!

For: All Physicians, Advanced Practice Providers, Medical Residents/Students, Nursing & All Healthcare Workers

Speakers include:

Jonathan Ripp, MD, MPH, Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine, Dean for Well-Being and Resilience and Chief Wellness Officer at the Icahn School of Medicine at Mount Sinai (ISMMS).

Topic: "Multi-level Approaches to Addressing Healthcare Worker Well-Being"
Including: Prevalence, Drivers and Consequences of Physician Burnout, Models of Well-Being and Interventions to Address Burnout, Promoting a Culture of Well-Being, *and more!*

Brian Watkins, MD, MS, FACS, General Surgeon and Wellness Ambassador
Rochester Regional Health
Topic: *"Addressing an Aspect of Burnout: Peer Support for Second Victims in the Healthcare setting"*

Craig Rooney, PhD, **VP and Chief Wellbeing Officer**
University of Rochester Medical Center
Topic: *"Update/Leveraging Local Interventions for Health Care Worker Wellbeing"*

Cost: $40 (Member/Employee of MCMS, Rochester Academy of Medicine, RRH, URMC)
$60 (Non-Member)
FREE for Medical Residents & Students

Refreshments and Door Prizes included!

Hosted by:

Monroe County Medical Society
mcmS

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FOR MORE DETAILS ON THE SPEAKERS AND SPONSORSHIP OPPORTUNITIES, GO HERE!