

2025 MCMS WELLNESS SYMPOSIUM

Featuring Dr. Jonathan Ripp, a nationally acclaimed thought leader on wellness

Date: Tuesday, October 14, 2025
Time: 5:30pm-8:30pm
Location: The Rochester Academy of Medicine
1441 East Avenue, Rochester, NY 14610

For: All Physicians, Advanced Practice Providers, Medical Residents/Students,
Nursing & All Healthcare Workers

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Speakers include:



Jonathan Ripp, MD, MPH, Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine, Dean for Well-Being and Resilience and Chief Wellness Officer at the Icahn School of Medicine at Mount Sinai (ISMMS).

Topic: *"Multi-level Approaches to Addressing Healthcare Worker Well-Being"*

Including: Prevalence, Drivers and Consequences of Physician Burnout, Models of Well-Being and Interventions to Address Burnout, Promoting a Culture of Well-Being, *and more!*

Brian Watkins, MD, MS, FACS, General Surgeon and Wellness Ambassador

Rochester Regional Health

Topic: *"Addressing an Aspect of Burnout: Peer Support for Second Victims in the Healthcare setting"*

Craig Rooney, PhD, VP and Chief Wellbeing Officer

University of Rochester Medical Center

Topic: *"Update/Leveraging Local Interventions for Health Care Worker Wellbeing"*

Cost: \$40 (Member/Employee of MCMS, Rochester Academy of Medicine, RRH, URMCC)

\$60 (Non-Member)

FREE for Medical Residents & Students

Refreshments and Door Prizes included!

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Rochester Academy of Medicine and Monroe County Medical Society. The Rochester Academy of Medicine is accredited by the ACCME to provide continuing medical education for physicians. **Credit Statement:** The Rochester Academy of Medicine designates this live activity for a maximum of 4 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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