



Presents:

Dr. Manav Nayyar

"Better Endodontics, Better Outcomes: Core Concepts for Everyday Practice."

Friday, October 23, 2026 | Lecture 8:30 am - 4:30 pm | 7CE credits

Hilton Garden Inn, 30 Celebration Drive, Rochester

Registration & Continental Breakfast 7:45 am | Business Meeting 8:15am

Biography

Dr. Nayyar is a dedicated endodontist, clinician, and educator with over 30 years of experience in dentistry and more than a decade of exclusive endodontic practice in Canada. He specializes in complex endodontic cases, including calcified canals, retreatment procedures, post-and-core restorations, and predictable root canal therapy with a focus on patient comfort and long-term outcomes.

A graduate of Punjab Government Dental College and Hospital with advanced training through NYU and the International Congress of Oral Implantologists (ICOI), Dr. Nayyar has served as a clinician, consultant, and academic faculty member. He has trained and mentored numerous dental residents and continues to share his expertise through continuing education programs.

Dr. Nayyar is the principal dentist and owner of Laketown Dentistry in Etobicoke, Ontario, Founder and Director of the "Core Concepts for Predictable Endodontics" continuing education course, and a key opinion leader supporting innovation, education, and excellence in modern dentistry.

Course Description

This course provides a practical, evidence-based approach to achieving predictable endodontic success. Participants will explore the essential principles, clinical pearls, and techniques that improve efficiency, accuracy, and long-term treatment outcomes.

Topics include mastering the "10–17 Game" with newer-generation instruments for efficient glide path establishment, utilizing sub-millimeter MFD finishers, and preserving peri-cervical dentin to enhance long-term tooth survival. Through real-world clinical applications, attendees will develop a systematic approach to diagnosis, access preparation, instrumentation, irrigation, and anesthetic considerations for modern endodontic therapy.

Learning Objectives

By the end of this course, participants will be able to:

1. Perform accurate endodontic diagnoses through comprehensive clinical evaluation and radiographic assessment.
2. Understand the principles and design considerations involved in conservative, effective access cavity preparation.
3. Apply the three essential components of endodontic treatment:

- Isolation
 - Instrumentation
 - Irrigation (including lateral instrumentation techniques)
4. Optimize profound anesthesia techniques in endodontics utilizing 4% Articaine and the STA Wand System.
 5. Establish predictable glide paths using modern endodontic instrumentation systems and the “10–17 Game” concept.
 6. Apply sub-millimeter MFD finishing techniques while preserving peri-cervical dentin to support long-term tooth survival.
 7. Incorporate practical clinical tips and techniques to improve efficiency, predictability, and treatment outcomes in everyday endodontic practice.

The Seventh District Dental Society is an ADA CERP Recognized Provider approved by the New York State Dental Association. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Seventh District Dental Society designates this activity for **7 continuing education credits**.





Presents:

Dr. Manav Nayyar

"Better Endodontics, Better Outcomes: Core Concepts for Everyday Practice."

Friday, October 23, 2026 | Lecture 8:30 am - 4:30 pm | 7CE credits

Hilton Garden Inn, 30 Celebration Drive, Rochester

Registration & Continental Breakfast 7:45 am | Business Meeting 8:15am

Program Cost:

\$349.00 credit card / \$335.00 check for ADA Member Dentist

\$557.00 credit card / \$535.00 check for ADA Non-member

\$245.00 credit card / \$235.00 check for Retired Member, Staff, or Spouse

\$104.00 credit card / \$100.00 check for Resident

Course Credit: 7CE Credit Hours

Name: (please print) *Attach a list of additional attendees if necessary*

Mailing Address: _____

Phone #: _____ ADA # _____

Email Address: _____

Payment Method:

Please make checks payable to: **Seventh District Dental Society**

155 Culver Road, Suite 200, Rochester, NY 14620

Cancellation policy: Cancellation requests may be submitted by phone at (585) 385-9550 or by email to ahughes@7dds.org. A full refund must be requested (7) seven business days before the event.

Total Fee: \$ _____

