“32 TEETH AND 100 BIRTHDAYS”
Presented by David L. Meinz, MS, RDN, FAND, CSP

David L. Meinz, MS, RDN, FAND, CSP claims it’s not what you eat between Christmas and New Year’s that matters, but rather, what you eat between New Year’s and Christmas! He speaks internationally to dental groups and associations and is a contributing editor to the Journal of the Academy of General Dentistry. David’s formal education includes a Master’s Degree (MS) in Human Nutrition from the University of Missouri, and status as a Registered Dietitian Nutritionist (RDN) and Fellow in the Academy of Nutrition and Dietetics (FAND). He is also a Certified Speaking Professional (CSP) in the National Speakers Association. He is the author of the audio learning series Healthy Dentistry. Oh, and he’s kind of funny, too!

SESSION DESCRIPTION:
Health promotion expert David Meinz shows you how to add years to your life and life to your years. You’ll discover the Seven Steps To Longevity, the latest on vitamin supplements, the truth about Omega-3s, and brand-new information on cholesterol – that even your physician probably doesn’t know! Discover how you and your patients can power-up your health in today’s fast-paced lifestyle.

LEARNING OBJECTIVES:
At the end of this session the attendees will:
1. Understand the role of nutrition in total health.
2. Identify research-based characteristics of centenarians.
3. Differentiate between basic vitamin supplement needs and marketing claims.
4. Grasp the concept of lumenology vs. arteriology in cardiovascular disease prevention.

The Seventh District Dental Society is an ADA/CERP recognized provider of Mandatory Continuing Education.

• Continuing Education (CE) credits are awarded for all lectures that meet the NYSED requirements.
• One hour of credit is awarded for each 50 minutes of presentation attended.
• CE forms for NYS Continuing Education requirements will be given to each attendee when checking in at registration.
• To verify attendance, a four-digit code, read at the end of each seminar, must be marked on the CE form.
• After completing the form, please bring the white copy to the registration table before leaving.
• The yellow copy is for your own records. It is recommended that you retain copies of all your CE forms in case of audit.

Continental Breakfast and Lunch will be provided.
FRIDAY, APRIL 24, 2020
RIT Inn & Conference Center
5257 W. Henrietta Road
Henrietta, NY 14467
Registration: 7:30 am
Lunch: 12:00 pm
Lecture: 8:30 am to 4:30 pm
Continental Breakfast and Lunch will be provided
7 MCE Credit Hours

David L. Meinz, MS, RDN, FAND, CSP
“32 Teeth and 100 Birthdays”

PROGRAM COST:
$250.00 for ADA Dentist
$400.00 for Non-ADA Member
$125.00 for Retired, Staff, Spouse
$50.00 for Graduate Student

ATTENDEE INFORMATION AND PAYMENT:
Name: (please print) Attach a list of additional attendees if necessary, and include e-mail addresses for confirmation notice.
_____________________________________________________________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________

Mailing Address: ________________________________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________

Phone #: __________________________ Fax #: ___________________________ ADA #: __________________
E-Mail (for registration confirmation): ____________________________________________

Payment Method:

Please make checks payable and return to: Seventh District Dental Society
255 Woodcliff Dr., Fairport, NY 14450

Credit Card payment online available at (7dds.org>Upcoming Events>Dr. David Meinz)

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